



Occupational Health & Safety Authority

Media Release

Team-Building Day Outing for OHSA Employees

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'All work and no play makes jack a dull boy', as the saying goes. Indeed, a healthy workplace implies not only physical and intellectual strength but also emotional and psycho-social well-being. Employees need to feel that they are an essential part of an organization and thus team spirit is crucial in building strong workplace relationships which translate into high morale amongst staff members. It is a proven fact that such criteria lead to a more productive and better business.

Team development is an integral aspect of the Occupational Health and Safety Authority culture which recently held a day full of events for all its employees to improve teamwork and motivation. The team-building exercises was organized by and held at the Corinthia Jerma Palace Hotel in Marsascalea.

The team solved various brain teasers and team tasks including building a steady bridge out of pieces of wood and some rope over which each contestant in the two teams had to cross. The importance of team work was then explained in detail through both theoretical but also very practical illustrations by the coordinator of the event Mr Mark Ciangura. Throughout the various tasks, lack of team spirit and cheating were penalized by the leader.

The day culminated in a rescue operation through a team-selected space in maze of tightly secured ropes in a frame suspended above the ground. Success was based as much on the planning of the team in selecting the space, as on the coordination and skills to allow all team members to pass through the tricky space – including an 'unconscious' team player.

Everyone at the OHSA had very positive feedback about the outcome of the day and that it certainly spurred enthusiasm and fully reached its aims.

[Photos attached]