



**Course content and objectives for:
The Workers' Health & Safety Representative (WHSR) 16h**

"Workers' Health and Safety Representative" means a person, elected, chosen or designated, as prescribed in regulations, to represent workers on all matters relating to the promotion and protection of their occupational health or safety;"

Extract: Act XXVII of 2000, Occupational Health and Safety Authority Act

Objectives:

By the end of the course, participants would be expected to:

- ✓ be familiar with OHS Legislation
- ✓ understand the role of the Health & Safety Representative
- ✓ understand the Duties of Employers and Employees
- ✓ be able to assist the risk assessor to identify the hazards and risks present within the work environment.

This course is intended to raise awareness about the subject and shall not replace an employer's legal obligation to provide training to her/his employees in terms of Act XXVII of 2000.

Method:

- By practical and theoretical examples
- PowerPoint presentation & DVD/video
- Discussion/Class exercises
- Handouts
- Working language: **Maltese** (incl. ppt presentation)



Contents:

1. An Overview of OHS	4. Specific Workplace Topics: Accident and ill health prevention Workstation, Visual Display Units, Ergonomics, Manual Handling, Light, Noise, Ventilation, Overcrowding, Smoking, Work Equipment and systematic systems of maintenance, Health & Safety signage, Emergency situations, Personal Protective Equipment, Safe use of chemical agents, Welfare & housekeeping, protection of maternity and pregnant workers, Emerging risks incl. Psychosocial risks.	5. The Risk Assessment and what makes it a suitable, sufficient and systematic exercise conducive to workplace safety OiRA – the interactive online risk assessment tool.
2. Act XXVII of 2000, other OHS Legislation		6. The entity's Health & Safety Policy - a model Policy
3. Worker participation and consultation The role , duties and rights of the Workers' Health & Safety Representative/s		7. Workplace Action Plan , - What improvements?