



Course content and objectives for:  
**Introduction to Occupational Health & Safety  
(Code: IOHS) 12h**

**"Without prejudice to the generality of the preceding sub-article (2), it shall be the duty of an employer to provide such information, instruction, training and supervision as is required to ensure occupational health and safety."**

*Extract: Act XXVII of 2000, Occupational Health and Safety Authority Act, Reg. 6. (3) (Cap. 424)*

**Objectives:**

- ✓ To introduce participants to the concepts and principles of OHS
- ✓ To raise awareness on OHS issues
- ✓ To familiarize participants with priority issues, including legal and moral responsibilities
- ✓ To enable participants to formulate a workplace action plan

This course is intended to raise awareness about the subject and shall not replace an employer's legal obligation to provide training to her/his employees in terms of Act XXVII of 2000

**Method:**

- ✚ By practical and theoretical examples
- ✚ PowerPoint presentation, video clips
- ✚ Discussion/Class exercises
- ✚ Guidance notes and Handouts
- ✚ Course will be delivered in the Maltese language



**Contents:**

1. <b>Understanding OHS</b>	7. The <b>legal Framework:</b>	8. <b>Hazards &amp; Risks</b>
2. <b>Milestones</b> in OHS		9. The <b>Risk Assessment</b>
3. The <b>Need</b> for...		10. <b>Workplace situations:</b>
4. The <b>Cost</b> of poor OHS		<ul style="list-style-type: none"> <li>• Workstations</li> <li>• Ergonomics</li> <li>• Manual Handling</li> <li>• Noise</li> <li>• Housekeeping</li> <li>• Welfare</li> <li>• Signage</li> <li>• Emergency Procedures</li> <li>• Safe handling of chemicals</li> <li>• Work equipment</li> <li>• Vulnerable groups</li> <li>• Healthy workplace for all ages</li> </ul>
5. <b>Work-health</b> relationship		11. <b>Summary</b>
6. What leads to <b>ill-health</b>		12. What <b>Action Plan?</b>