



Course content and objectives for:
First Aid & Safety at Work (FASW) 22.5h
in collaboration with **St. John Ambulance**

“An employer shall ensure the presence at all times of such a number of such a number of first aiders as is adequate and appropriate in the circumstances for rendering first aid to his employees if they are injured or become ill at work.”

*Reg.5. (1) LN 11, 2002, as amended by Legal Notice 348 of 2011
Extract: Work Place (First Aid) Regulations, 2002 – (Act XXVII, 2000 – Cap 424).*



Objectives:

By the end of the course, participants will be able to:

- ✓ Deal with emergency situations
- ✓ Know the limits of basic first aid
- ✓ Familiarise themselves with First Aid regulations of 2002
- ✓ Be aware of the duties of the employer as to First Aid



This course is intended to raise awareness about the subject and shall not replace an employer's legal obligation to provide training to her/his employees in terms of Act XXVII of 2000

Method:

- ✚ By practical and theoretical examples
- ✚ PowerPoint presentation, video/DVD clips
- ✚ Discussion/Class exercises
- ✚ Handouts
- ✚ Training will be delivered in the Maltese language

Contents:

Hours	Content
2.0hrs	Legal perspective of First Aid, Safety at the workplace and highlights of accident prevention – delivered by OHSa trainer
16.5hrs	Practical and theoretical tuition by FA instructor in basic first aid at the work place
2.5hrs	Assessment leading to a Certificate in Basic First Aid, valid internationally for three (3) years
20mins	Refreshment break in between modules